

## ~While you wait ~

<b>Bread Board</b> , olive oil and balsamic vinegar <i>GI</i> ; <b>Olives</b> , Manzanilla and queen green olives in parsley & garlic dressing	5
<b>Warm Pita Bread</b> , hummus, taramasalata and baba ganoush; <i>GI, M, Nu, Fi, Se</i> ; <b>Beef Biltong</b> , dried and seasoned South African style	7

## ~Light Dishes~

<b>Soup of the Day</b> <i>Ask Waiter</i>	7
<b>Bea's Chicken Noodle Soup</b> <i>GI, Eg, M</i>	7
<b>Tomato Burrata Sour Dough Toast</b> , roasted cherry tomatoes, Burrata, fresh basil and olive oil <i>GI, M</i>	9
<b>Bobotie Spring Rolls</b> , Mrs Ball's chutney (£1 donated to Sentebale Charity) <i>GI, Eg, M, SD</i>	10
<b>Peri Peri Chicken Livers</b> , corn bread <i>GI, Eg, M</i>	8/14
<b>Super Salt Beef Sandwich</b> on rye bread, broccoli coleslaw and pickles <i>GI, M, Mu, Ce, Eg</i>	19
<i>Procured from Henson's of Smithfield Market, providing London's best salt beef since the turn of the 19<sup>th</sup> century</i>	

## ~Salads~

<b>Classic Caesar Salad</b> , shaved parmesan, crispy bacon, croutons <i>GI, Eg, M, Fi, Mu</i>	12/15
<b>BBQ Chicken Salad</b> , avocado, roasted tomatoes, crispy bacon, avocado mayonnaise <i>Eg, Mu</i>	12/19
<b>Grilled Chicken Cobb Salad</b> , free range egg, avocado, blue cheese, Parma ham and herb dressing <i>Eg, M, Mu</i>	18
<b>Thai Beef Salad</b> , romaine lettuce, cherry tomatoes, shallots, spring onion, coriander, cucumber, basil <i>Sb, Pe, Fi, Mo</i>	18
<b>Smoked Salmon</b> , roast beetroot, lentils, goats curd and walnuts <i>Fi, Ce, Nu, M</i>	12/19
<b>Black Pepper Prawns</b> , grilled mushroom & fig, Balsamic and thyme vinaigrette <i>Cr, Nu, Mu, M, SD</i>	12/19

## ~bbar Burgers and Sandwiches~

*All burgers are hand made 8oz patties and are served on a toasted brioche bun, with lettuce, beef tomato, caramelised onions, gherkins, French fries and bbar relish*

<b>Classic</b> – Angus beef, <b>Classic Cheese</b> or <b>Classic Cheese and Bacon</b> <i>GI, Eg, Nu, M, Mu, Se</i>	17/18/19
<b>The "Son of a Gun" Buttermilk Chicken</b> , spiced coleslaw, jalapenos, brioche bun <i>GI, M, Eg, Se</i>	19
<b>Panko Fish Fingers</b> – watercress, lettuce, pickles, creamy tartar sauce <i>Lu, M, Eg, Se, Ce</i>	19
<b>The Bleater</b> – Lamb, Halloumi, red onion, pousse spinach, garlic, coriander mayonnaise <i>Gluten, Lu, M, Eg, Se, Ce, Mu</i>	19
<b>Jumping Jack</b> – Jackfruit, carrot, red cabbage and apple slaw, home made BBQ sauce <i>Lu, Sb</i>	15
<b>We recommend you order a side bowl of our famous chilli con carne with your burger!!</b> <i>M</i>	5

## Chips, Dips and Tops

French fries, chunky chips, crispy potato skins <i>M, Eg</i> , sweet potato fries <i>GI, M, Eg</i>	all 4
Dry cure bacon, avocado, Portobello mushroom, chilli sauce, jalapenos, biltong, fried egg, mature Cheddar <i>M, Nu, Eg</i>	all 2
Guacamole, garlic mayonnaise, broccoli coleslaw <i>M, Nu, Eg</i>	

## ~Grills~

*All our beef is sourced to be aged for a minimum of 28 days and supplied to us by Buccleuch in Dumfries and Galloway, Scotland. Grilled to order and served with roasted vine tomato, Portobello mushroom, watercress and chunky chips.*

<b>Rib eye</b> 10oz <i>M</i>	26
<b>Fillet</b> 7oz <i>M</i>	29
<b>Sauces</b> –Café de Paris <i>M, Mu</i> , green peppercorn <i>M, Ce</i> ; Bearnaise <i>M, Eg</i>	all 2

## ~Large Plates~

<b>Classic Battered Fish and Chips</b> , mushy peas <i>GI, Eg, Fi, Mu</i>	12/19
<b>Grilled Fish of the Day</b> <i>Fi, GI</i>	Market Price
<b>Tiger Prawn and Chilli Linguine</b> , rocket and lemon <i>GI, Cr, Eg, M</i>	18
<b>Parmesan Crumbed Chicken Schnitzel</b> , creamed potato mash, spinach and lemon butter <i>GI, Eg, M</i>	18
<b>Peri Peri Rotisserie Chicken</b> , green beans, sweet potato fries <i>GI, Eg, Nu, M</i>	17
<b>Cape Malay Chicken Curry</b> , poppadoms and fragrant rice <i>Mu, Ce, GI</i>	19
<b>Pan Fried Corn Beef Hash</b> , poached egg, creamed spinach <i>GI, Lu, Eg, M, Sb</i>	17
<b>Beef Goulash</b> , crispy potato rosti, sour cream <i>Eg, M</i>	14/20
<b>Moroccan vegetable and chickpea tagine</b> , buckwheat kasha	16

## ~Sides~

Corn on the cobb <i>M</i> , creamed nutmeg spinach <i>M</i> ; crispy curly kale <i>M</i> , honey glazed carrots <i>M</i> , green beans <i>M</i>	
Rocket and parmesan <i>M</i> ; tomato and onion, mixed leaf salad	4
French fries, chunky chips, sweet potato fries <i>M, GI</i> , creamy mash <i>M</i> , fragrant rice	4

**Allergen Code:** *Gluten; Lupin; Shellfish; Egg; Fish; Peanuts; Nuts; Soya bean; Mustard; Celery; Milk; Sesame; Crustacean; Molluscs; Sulphur Dioxide*

*£1 will be donated to Sentebale on your behalf when choosing menu items highlighted in red  
Sentebale, a charity co-founded by Prince Harry and Prince Seeiso from the Lesotho Royal Family, helping disadvantaged children in Lesotho.  
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*"43 Below", is available for dinner and amazing parties. Please ask a member of staff for further details.*

Please note that an optional service charge of 12.5% will be added to your final bill.

Open: **Monday to Saturday 12:00 - 22:30**

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